Shaving Soap

Ingredients

23 oz. Water (distilled or filtered rain water (or you can substitute 100% aloe juice)

8.5 oz. Sodium Hydroxide (NaOH) (lye)

12 oz. Coconut Oil

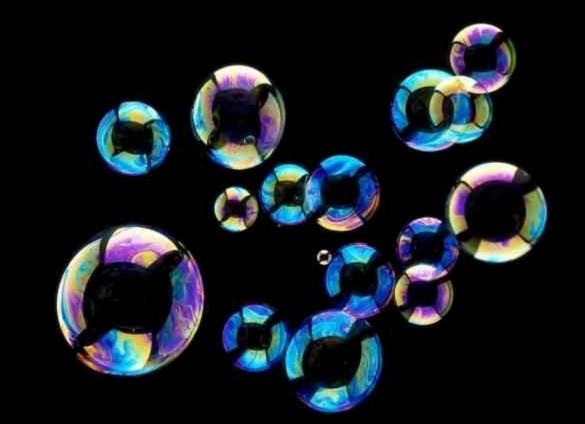
40 oz. Olive Oil

4 oz. Avocado Oil

4 oz. Shea Butter (Cocoa Butter may be substituted)

4 Tablespoons Bentonite Clay

2-4 Tablespoons Essential or Fragrance Oil



Recipe

- . Mix water and lye, set aside to cool (95-110 degrees)
- . Melt coconut oil and Shea Butter (or Cocoa Butter) over medium heat, remove from heat after melted
- . Blend in avocado oil and olive oil
- . Set oils aside to cool (temp range should be 95-110 degrees)
- . Mix 4 Tablespoons of Bentonite Clay with 1-2 Tablespoons of Olive oil (set aside)
- . Prepare mold
- . When lye solution and oil reach same approx temp, slowly blend lye solution into oil
- . Stir/blend until thickness of light cream, add Bentonite clay
- . Continue stirring/blending until "light trace"
- . Add essential/fragrance oils
- . Continue stirring/blending until "full trace"
- . Pour into mold
- . Cover and set in warm, draft-free location for 24 hours
- . Remove from mold and cut
- . Cure bars for three weeks before using