

Shaving Soap

Ingredients

**23 oz. Water (distilled or filtered rain water
(or you can substitute 100% aloe juice)**
8.5 oz. Sodium Hydroxide (NaOH) (lye)
12 oz. Coconut Oil
40 oz. Olive Oil
4 oz. Avocado Oil
**4 oz. Shea Butter (Cocoa Butter may be
substituted)**
4 Tablespoons Bentonite Clay
2-4 Tablespoons Essential or Fragrance Oil



Recipe

- . **Mix water and lye, set aside to cool (95-110 degrees)**
- . **Melt coconut oil and Shea Butter (or Cocoa Butter) over medium heat, remove from heat after melted**
- . **Blend in avocado oil and olive oil**
- . **Set oils aside to cool (temp range should be 95-110 degrees)**
- . **Mix 4 Tablespoons of Bentonite Clay with 1-2 Tablespoons of Olive oil (set aside)**
- . **Prepare mold**
- . **When lye solution and oil reach same approx temp, slowly blend lye solution into oil**
- . **Stir/blend until thickness of light cream, add Bentonite clay**
- . **Continue stirring/blending until “light trace”**
- . **Add essential/fragrance oils**
- . **Continue stirring/blending until “full trace”**
- . **Pour into mold**
- . **Cover and set in warm, draft-free location for 24 hours**
- . **Remove from mold and cut**
- . **Cure bars for three weeks before using**